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RESEARCH LETTER

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The El Niño-Southern Oscillation Pattern Effect

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Key question:

How do the SST patterns associated with ENSO interact with the radiation budget?



- Tropical-mean T anomalies mostly in phase with Niño-3.4
- EIS and N out of phase with Niño-3.4
- EIS and N anomalies suggestive of pattern effect, via low cloud changes

Lagged regressions onto Niño-3.4 ERA5 and CERES data, 2000–2020



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Black: AMIP simulations, 1995–2014

 GCMs reproduce the out-of-phase evolution of EIS and N relative to the ENSO cycle







Take-home points

- Tropical-mean radiative anomalies are ~90° out of phase with the ENSO cycle
- These radiative anomalies reflect an SST pattern effect associated with the growth and decay of ENSO
- The findings suggest a possible two-way coupling between SST variability and the radiation budget