

The Divorce of the North Atlantic Ocean and Atmosphere Attributed to Human Affairs

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- The NAO and AMV are happily married until about 1950 (r = -0.62)
- After 1950, they split up (r = 0.06)
- We hypothesize that the divorce signifies a change in primary mechanisms for the AMV

Introduction: AMV potential mechanisms

- Potential mechanisms for multidecadal SST variability in the North Atlantic:
 - 1. Atmosphere (NAO)
 - 2. Ocean (AMOC)
 - 3. External forcing (aerosols, GHGs)



B Fully coupled models: SST(K), SLP(hPa), winds(ms⁻¹)



-0.5 -0.4 -0.3 -0.2 -0.1 0 0.1 0.2 0.3 0.4 0.5

D Slab-ocean models: SST(K), SLP(hPa), winds(ms⁻¹)



(Clement et al. 2015)



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NASST Index (Full) AMV Index (Full) NASST Index (1950 - 2005) AMV Index (1950 - 2005)



• Force a simple linear model for SST with each of these three terms:

$$\frac{dAMV}{dt} = -\alpha AMV - \beta_1 NAO + \beta_2 AMOC + \beta_3 Forcing + \beta_4 \varepsilon$$

- Damping coefficient and weights on forcings are determined by linear regression on the observed AMV tendency
- Integrate the model with those weights to get a predicted SST timeseries
- Compare with observations
- Test different combinations of forcing terms, different time periods



- Observational data
 - SST: HadISST, ERSSTv5
 - NAO: station-based, EOF
 - AMOC: EN4 reconstruction (Fraiser and Cunningham 2021), Giese et al. 2016
 - Forcing: CMIP5 (Miller et al. 2014)
- Note: global forcing, all timeseries normalized

	1865 - 2007	
	(a)	(b)
NAO	-0.06	-0.07
AMOC	0.01	0.02
Forcing	-	0.23
R ² (T)	0.64	0.68



- (a) Internal-only model captures variability between 1900 - 1950 (r² = 84%) but less from 1951 - 2007 (r² = 28%)
- (b) Including external forcing improves simulation of 1951 - 2007 period (r² = 65%)
- Improve explained variance by training on different periods



Observations SST Model



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Observations SST Model











- Forcing a simple SST model with observations of the NAO and AMOC reasonably recovers observed SST between 1865 – 1950
- Including external forcing significantly improves the simulation between 1951 – 2007
- Suggests a change in dominant mechanism before/after ~1950
- This change in mechanism creates the appearance of a lagged relationship between the NAO and AMV, which was previously attributed to AMOC
- That isn't to say AMOC is not important, but rather we should be cautious when using SST as a proxy for AMOC during periods of large changes in forcing