The Variability of Deep Convection and the Subpolar Gyre in the North Atlantic

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Goal: use observations to examine coherent changes between deep convection, the subpolar gyre and the AMOC



Surface Heat Flux and Heat Content

- Harsh winters: 1992 1994
- Mild winters: the mid-1990s to the 2000s
- The winter of 2008 was exceptional in the 2000s



Mixed Layer Depth

- Lack of Argo data before 2003
- 2004-2010: Decreased MLD
- Enhanced deep convection after 2010



Temperature Difference



 Large temperature difference corresponds to enhanced deep convection (e.g., 2005 MLD=1400m and 2008 MLD=1700m)

Sea Ice Extent

- 1990-2007: Northwestward retreat
- 2008: extended ice coverage exceeds the conditions in the early 1990s



Net Heat Flux



 Enhanced heat loss in the Labrador Sea interior during the winter of 2008



- High correlations at annual and interannual scales
- Cum NAO is indicative of low-frequency variations

The Subpolar Gyre Sea Level Variability

- Two persistent maxima: annual and decadal scales
- IE plot: no significant in the 2000s

 $IE = \int_{\omega} H^{2}(\omega, t) d\omega$ $MSD = \int_{0}^{T} H(\omega, t) dt$



The Subpolar Gyre Sea Level Variability

- The intra-annual and annual signals removed
- Maximum amplitudes are shifted toward low frequency bands
- Reversal of IE around mid-2000s
- Sudden IE drops in 1995-1996 and 2009-2010



Causes of the SSHA Variations

- Air-sea heat flux (red line) is important at annual scales (2-3 month time lead of heat content changes)
- OHC changes estimated from SSHA (solid black) and from temperature (dashed black) agree well (phase and amplitude)



Mid- to High-Latitude North Atlantic

- Increasing in the subpolar region (maximum 8 mm yr⁻¹)
- Decreasing in the Gulf
 Stream region (minimum
 -10 mm yr⁻¹)



Li et al. GRL (2012)

Dipole Pattern

- Simultaneous change at the annual timescale
- Out-of-phase at the interannual timescales
- Residuals: 3.6 mm yr⁻¹ (North); 0.8 mm yr⁻¹ (South)



Li et al. GRL (2012)

Low-frequency Variability

- SSHA at longer than annual timescales
- 'North' responds to CumNAO more effectively (r=-0.84)



Li et al. GRL (2012)

Lagged Sea Level Variations

- Meridional coherence of low-frequency SSHA variations
- Region 1 leads Region 2 by ~ 2 years
- Region 2 leads Region 3 by ~ 5 years
- Propagation velocity V = L/T = 1.46 cm/s



Conclusions

 Observations show significant changes in the subpolar North Atlantic at different temporal and spatial scales.
 Meridional coherence in the SSHA represents propagation of the AMOC variations from high to lowlatitudes.

Remote sensing is a key component in the AMOC observing system.

Thank you!